

				Year: _____	
<u>Child Care Center/Sponsor</u>		WEEKLY MENU RECORD		Week: _____	
Name of Center/Sponsor		Month: _____			
Menu Item	Menu	Menu	Menu	Menu	Menu
Breakfast	Monday Date	Tuesday Date	Wednesday Date	Thursday Date	Friday Date
Milk					
Meat/Meat Alternate can only be substituted for grain 3 times per week					
Vegetable, Fruit or both					
Grains					
	(Must serve 3 components)				
Lunch					
Milk					
Meat/Meat Alternate					
Vegetable					
Fruit/Vegetable					
Grains					
	(Must serve 5 components)				
P.M. Supplement					
Milk					
Meat/Meat Alternate					
Vegetable					
Fruit					
Grains					
	(Must serve 2 components)				

*7 CFR 226.15 (e)